



ACTIVITIES  
& EXTRAS  
SOLIO LODGE

## SOLIO LODGE ACTIVITIES INCLUDED

### BIKE RIDING

We have mountain bikes available for the guests to use at any time to get some exercise on the beautiful Solio Ranch.

### HORSE RIDING

Our lovely stables are home to six horses. Riders of all abilities can enjoy Solio Ranch on horseback.

### GAME DRIVES AND BUSH BREAKFASTS

Our unique vehicles with their roof top benches offer the ultimate game viewing experience. They are kitted out with ponchos to keep you warm, suncream, fridges with cold drinks, hot drinks, books, sweets (everything to keep you happy during a game drive). Guests can request bush breakfasts, which are cooked fresh on the back of the car and include fried eggs or omelettes and pancakes cooked to order.

### SUNDOWNERS

An essential part of any safari experience. Our guests are frequently joined by rhino and large journeys of giraffe moving silently through the dusk.

### WALKING

Stretch your legs and take the time to appreciate flora, fauna and birdlife within Solio Ranch.

### LOCAL FARM VISIT

Visit a local working farm about an hour's drive from Solio that also produces coffee and tea. This is a wonderful morning experience to do whilst staying at Solio Lodge and you can even have lunch at the farm.

### GET ARTY ON SAFARI

Each tent has a watercolour set and artist pad for you to use during your stay. Get creative in Solio's idyllic, artistic surroundings and paint the unique scenery, wildlife, flora and fauna.

### GYM IN A BAG

Each tent is provided which you are welcome to use during your stay. Each bag contains a yoga mat, skipping rope and post safari stretch card to take you through some simple exercises to ease and relax.

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### TROUT FISHING IN RIVERS AND LAKES BY HELICOPTER

A scenic helicopter ride into the peaks of Mt Kenya for trout fishing is a must. The helicopter rate is from US\$ 2,500 per hour, minimum charge two hours a day. Mt Kenya Park Fees are an additional US\$ 65 per person and the cost of Mt Kenya Landing Fee is US\$ 300.

### EXCURSIONS TO THE ABERDARE NATIONAL PARK

It is possible to visit the beautiful Aberdare National Park during a longer stay at Solio Lodge. It is a 30 minute drive from Solio Lodge and park entry costs US\$ 65 per person.



## CINNABAR GREEN

Cinnabar Green is a family owned farm where they make the delicious smelling toiletries, which you will use in the rooms at all of our properties. Located just a one hour and 15 minute drive away from Solio Lodge it is well worth a visit. You will tour the farm and learn about the herbs and fascinating facts about their therapeutic properties, see how they are pressed to release the scented oils, watch the manufacturing process and then see them being lovingly hand packed before coming to us. Please note that this activity can only be booked on arrival at Solio Lodge and is subject to availability. Please speak to the manager for costs.

## IN ROOM MASSAGES AND BEAUTY TREATMENTS

The rooms are huge at Solio with plenty of space for a massage bed by the fire.

### **Post Safari Pick Me Up Massage**

A holistic body massage using Healing Earth body essential oils and body butters. Carefully applied pressure using traditional acu-pressure points will stimulate the nervous system and lymphatic drainage and relieve muscle tension.

One hour US\$ 60

### **Deluxe Hand/Foot Treatments**

A wonderful way to spruce up hands and feet or revitalize tired limbs.

Manicure US\$ 30

Pedicure US\$ 30

Manicure and Pedicure Combination treatment US\$ 50

## [CLICK HERE TO WATCH OUR ACTIVITIES VIDEO](#)

## TERMS & CONDITIONS

All activities are subject to availability. To avoid disappointment we always recommend discussing and pre booking any specific activities. Whilst The Safari Collection will endeavour to adhere to those rates published for our extra activities, we do reserve the right to change rates without any prior notice.

