



● CITY OF SANTO ANTÓNIO
See if you can get lost in the smallest capital city in the world.

CAPITAL:
SANTO ANTÓNIO

POPULATION:
7,000 INHABITANTS

AREA:
142 KM²

TIME ZONE:
UTC±00:00

LOCAL CURRENCY:
DOBRA

LANGUAGE:
PORTUGUESE

ATLANTIC OCEAN

UNESCO BIOSPHERE RESERVE



1 BAIÁ DAS AGULHAS/ BAY OF NEEDLES

Situated on the east coast of the island, you can only reach this bay by boat. Seen from the water, this mountainous island with its phonolite towers soaring up out of the skyline is a truly impressive sight that will take you back to the beginnings of time.



2 BOM BOM ISLAND

The site of the Hotel Bom Bom and accessible across a wooden bridge, this small islet is the northernmost point of Príncipe Island. You'll find an exceptional restaurant here with a wonderful view of the hotel's two beaches.



3 NOVA ESTRELA VIEWING POINT

From here you can get a perfect view of the island known as Boné do Jóquei (Jockey's Cap), and its canopy of caroceiros (tropical almond trees). If you time your visit for the end of the day you're very likely to hear a symphony of African parrots.



4 PRAIA ABADE

Praia Abade is a traditional fishing village where you can see the men and women at work and the children playing freely. Spend some time here to appreciate the magic of the people of Príncipe.



5 PRAIA BANANA

It was on this beach that the famous Bacardi advert was filmed in the 90's. Can you remember the words of the song? 'Be, what you wanna be, taking things the way, they come, nothing is as nice as finding paradise.'



6 PRAIA BOI

It is generally agreed that Boi, Banana and Margarida are the island's loveliest beaches. Besides its crystalline waters, the texture of the sand at Praia Boi is unlike any other on the island.



7 PRAIA GRANDE

Príncipe's largest beach and where the project to protect and preserve sea turtles is based.



8 PRAIA MARGARIDA

Praia Margarida is next to Praia Sundy and the waters on this beach are emerald green. Beauty in its purest state.



9 PRAIA RIBEIRA IZÉ

Although it's next to the Bom Bom beach, reaching it is part of the adventure! An hour and a half walk along a hiking trail will take you to the beach that was once the first capital of Príncipe and where you can still see some of the ruins from those times.

For more information: wikiloc.com

