

AZURA SELOUS GAME RESERVE AFRICAN SPA TREATMENTS MENU



Azura offers unique African Spa treatments. The signature treatments use only natural ingredients sourced from the wilds of Africa, to offer the ultimate relaxing and pampering experience.

You can enjoy most of these world class treatments in the comfort of your own villa. Please book all Spa treatments through the Spa therapist or with Management.

Relax... Revive...Renew...

FROM HEAD TO TOE...

Indian Head Massage (45 Minutes)

\$60

The techniques used in this treatment originate from ancient India and help to combat fatigue and tiredness. It can help to lift the mood through stimulation of zonal blood flow to the scalp, giving an overall sense of peace.

Aromatherapy Massage (60 Minutes)

\$90

Choose from a selection of local essential oils and then relax into a wonderfully soothing treatment, using just the fingertips and soft circular motions. Feel re-energised for your next game drive!

AZURA

SELOUS GAME RESERVE, TANZANIA

Mbuya Deep Tissue Massage (60 Minutes)

\$90

Pressure is used on both large and small muscles to promote the ultimate feeling of utuliva (relaxation and calmness). Using natural based oil, this treatment will reduce muscle tension and balance the nervous system.

Rufiji Raindrop Therapy (90 Minutes)

\$120

This is Azura Selous' signature treatment. Using natural oils, drops are dispersed along the spine, back and legs reminiscent of light raindrops on the skin while listening to the sounds Ruaha River. Medium pressure is used with long effleurage strokes followed by warm towels applied to the body.

Mguu Pona Foot Ritual (45 Minutes)

\$60

This treatment focuses on the lower leg by applying pressure upon the reflex points from the calf down to the feet. Using a blend of our natural based oils this foot massage provides the ultimate relief for tired sore feet, helping to strengthen muscle and joint mobility. Great after a bush walk!

Notes:

- Treatment times are listed next to treatments, booking time is an additional 15 minutes to allow for relaxation.
- 50% cancellation fee for treatments not cancelled timeously.
- Azura's African Spa Treatments are all based on natural ingredients. From time to time these may not be available and substitutions or alternatives may need to be offered. This is to ensure the highest quality offering.
- Tax is included in the price

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